【記録】第14回 UF3020 in 宮崎

2026年10月24日（土）

■3000m

ゼッケン	名前	200m	600m	1000m	1400m	1800m	2200m	2600m	3000m	所属
25	西 圭字	00:00:39.24	00:01:59.75	00:03:21.44	00:04:42.26	00:06:02.57	00:07:22.31	00:08:41.93	00:09:55.69	日南ランニングクラブ
30	川崎 理央	00:00:38.89	00:01:56.99	00:03:15.88	00:04:36.79	00:05:56.06	00:07:17.78	00:08:41.56	00:09:58.94	吾田中学校
18	束野 雄介	00:00:39.24	00:01:57.55	00:03:16.13	00:04:36.80	00:05:56.38	00:07:16.98	00:08:40.20	00:09:59.36	
22	上床 裕汰	00:00:35.50	00:01:50.71	00:03:07.25	00:04:26.74	00:05:48.42	00:07:13.95	00:08:43.73	00:10:11.57	
19	中邨 順一	00:00:41.82	00:02:07.46	00:03:32.47	00:04:57.72	00:06:22.68	00:07:48.38	00:09:16.41	00:10:42.53	
27	平川 英司	00:00:42.55	00:02:07.86	00:03:33.10	00:04:58.16	00:06:23.59	00:07:51.39	00:09:19.66	00:10:43.65	延岡ＭＣ
28	木村 圭	00:00:45.41	00:02:19.68	00:03:58.64	00:05:39.74	00:07:23.14	00:09:02.25	00:10:38.62	00:12:03.77	新富町
20	村冨 洋一	00:00:43.86	00:02:16.68	00:03:49.62	00:05:24.46	00:07:03.62	00:08:45.15	00:10:26.66	00:12:03.99	
26	岩川 勝美	00:00:43.46	00:02:19.26	00:03:58.36	00:05:39.27	00:07:23.02	00:09:10.20	00:10:59.34	00:12:52.07	
23	秋月 慶貴	00:00:47.47	00:02:32.38	00:04:24.54	00:06:18.35	00:08:11.90	00:10:03.26	00:11:53.69	00:13:33.96	あきづき行政書士事務
29	荒武 将志	00:00:47.37	00:02:39.92	00:04:40.92	00:06:43.81	00:08:49.14	00:10:56.47	00:13:10.29	00:15:18.33	